

ACCELEVATE MENTORSHIP PROGRAM (AMP) FOUNDATION MODULE

THE GATEWAY INTO THE ACCELEVATE FRAMEWORK

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PART I: THE FOUNDATION

CHAPTER 1: WELCOME TO ACCELEVATE

1.1 What This Foundation Module Is

The **Accelevate Mentorship Program Foundation Module** is the compulsory starting point of the Accelevate journey. It is designed to prepare every participant mentally, strategically, emotionally, and practically before entering the full Accelevate learning pathway.

This module is not an optional introduction. It is the **gateway**.

Before you build influence, you must build inner alignment.

Before you pursue wealth, you must build structure.

Before you expand, you must build capacity.

Before you leave a legacy, you must become the person capable of carrying it.

That is why this Foundation Module comes first.

1.2 What the Foundation Module Does

This module helps participants to:

- understand the architecture of the **Accelevate Framework**
- prepare for the **5 Transformational Stages**
- gain clarity on the role of the **15 Bs**
- examine mindset, identity, discipline, and growth readiness
- establish a strong base for leadership, business, personal growth, and purposeful impact

1.3 Why This Module Matters

Too many people want outcomes without preparation, elevation without structure, and acceleration without maturity.

Accelevate does not believe in shallow transformation.

Real transformation requires:

- internal work before external visibility
- disciplined thinking before major decisions
- personal alignment before strategic movement

- clarity before expansion
- maturity before legacy

The Foundation Module is where that work begins.

1.4 The Purpose of AMP

The Accelerate Mentorship Program exists to help individuals:

- master their mindset
- strengthen strategic capability
- build wealth with wisdom
- expand influence with integrity
- live and lead in a way that creates lasting impact

AMP is not merely about motivation.

It is a structured transformation system.

1.5 Who AMP Is For

The Accelerate Mentorship Program serves individuals who are ready to rise intentionally and grow strategically.

It is designed for:

1. Entrepreneurs and Business Owners

Those building, growing, or repositioning businesses for greater structure, scale, and sustainability.

2. Founders, Visionaries and Social Entrepreneurs

Those leading initiatives, movements, programs, or institutions designed to solve real problems and create meaningful change.

3. Emerging Leaders

Those stepping into leadership in business, ministry, institutions, organizations, or communities.

4. Professionals

Those seeking greater confidence, strategic thinking, influence, visibility, and career advancement.

5. Community Builders and Social Innovators

Those driving grassroots transformation, advocacy, rehabilitation, empowerment, or development work.

6. Individuals in Transition

Those navigating reinvention, recovery, career shifts, business starts, leadership transitions, or personal realignment.

1.6 What Participants Should Expect

By engaging this program fully, participants should expect growth in:

- mindset and identity
- strategic thinking
- leadership confidence
- financial awareness
- resilience and discipline
- communication and visibility
- collaboration and networks
- purpose and legacy consciousness

1.7 Closing Perspective

Accelevate is a call to move from drift to direction, from limitation to leadership, from hidden potential to visible impact.

This is where your **Accelevation** begins.

CHAPTER 2: WHAT ACCELEVATION MEANS

2.1 The Meaning of Accelevate

The word **Accelevate** combines two forces:

Acceleration – moving forward with momentum, precision, clarity, and timely action

Elevation – rising to higher levels of thinking, leadership, performance, influence, and impact

Together they produce **Accelevation**.

Accelevation is not speed without direction.

It is not ambition without maturity.

It is not movement without alignment.

Accelevation is **intentional advancement with elevation of character, competence, capacity, and contribution**.

2.2 The Accelevate Philosophy

The Accelevate philosophy is built on this conviction:

You do not rise by accident.

You rise by design.

That design requires:

- mindset work
- personal discipline
- strategic development
- financial wisdom
- courageous execution
- relationship capital
- balanced living
- purposeful becoming

2.3 What Makes AMP Distinct

AMP is distinct because it combines:

- transformational mindset work
- leadership formation
- strategic and business development
- practical action tools
- reflection and activation
- personal growth and legacy thinking
- values-based and faith-sensitive foundations where appropriate

It develops the whole person, not just one skill.

CHAPTER 3: WHY THE FOUNDATION MODULE COMES FIRST

3.1 Preparation Before Progress

Many people fail not because they lack talent, but because they lack preparation, sequence, discipline, and internal readiness.

Accelebrate Mentorship Program Foundation Module rejects premature expansion.

This Foundation Module exists because:

- strategy without mindset is fragile
- opportunity without structure is wasteful
- ambition without discipline is dangerous
- leadership without inner work becomes performative
- growth without purpose becomes empty

3.2 What This Module Prepares You For

This module prepares you to engage the 15 Bs from a position of:

- awareness
- readiness
- seriousness
- alignment
- ownership

- transformation hunger

3.3 The Foundation Module as a Free Compulsory Gateway

This Foundation Module is **free**, but it is not casual.

It is free because **access** matters.

It is compulsory because **preparation** matters.

Every participant must first complete this Foundation Module before proceeding into the deeper Acceleivate journey.

3.4 The Foundation Question

Before asking, “*What can Acceleivate give me?*”
the wiser question is:

“Who must I become to truly benefit from what Acceleivate offers?”

That is the work of this Foundation Module.

PART II: THE ACCELEVATE FRAMEWORK

CHAPTER 4: THE 5 TRANSFORMATIONAL STAGES POWERED BY THE 4 ENGINES

1. Chapter Overview

At the core of the Acceleivate Mentorship Program lies a powerful truth:

Transformation is not accidental – it is engineered.

Growth does not happen by chance. It follows a deliberate structure, a sequence, and a system that governs how individuals evolve from potential to performance, from performance to influence, and from influence to legacy.

This chapter introduces the **Transformation Architecture of Acceleivate**, built on three integrated dimensions:

- 1) The **5 Transformational Stages** (the journey)
- 2) The **4 Engines** (the power systems)
- 3) The **15Bs** (the building blocks)

These are not separate components – they are **interdependent and synchronized**, forming one unified system of human acceleration.

2. The 5 Transformational Stages (The Journey)

The Accelerate journey unfolds across five progressive stages. Each stage represents a level of growth, responsibility, and impact.

Stage 1: Mental Mastery

This is where transformation begins.



It focuses on:

- Thinking patterns
- Belief systems
- Behavioral discipline
- Identity formation

Here, individuals learn that **internal alignment precedes external success**.

Stage 2: Strategic Capability

This stage builds the ability to function effectively in the real world.

STAGE 2 – STRATEGIC CAPABILITY

Strategy • Financial Control • Value Positioning • Execution



It focuses on:

- Skills and competence
- Financial discipline
- Market awareness
- Personal and professional positioning

Here, individuals develop **structure before expansion**.

Stage 3: Wealth Building

This stage translates capability into economic value.

STAGE 3 – WEALTH BUILDING

Financial Health • Global Perspective • Courageous Action



It focuses on:

- Income generation
- Value creation
- Financial growth
- Sustainability

Here, individuals move from **effort to economic outcomes**.

Stage 4: Influence & Expansion

This stage is about scale and impact.



It focuses on:

- Leadership
- Networks
- Strategic relationships
- Visibility and reach

Here, individuals shift from **personal success to collective impact**.

Stage 5: Legacy & Sustainability

This is the highest stage of transformation.



It focuses on:

- Contribution
- Purpose-driven living
- Balance and longevity
- Generational impact

Here, individuals move from **achievement to significance**.

3. The 4 Engines (The Power System)

While the stages define *where you are going*, the engines define *how you move*.

Each engine powers a specific dimension of transformation.

1. The Inner Engine



This is the foundation of all transformation.

It governs:

- Thinking
- Identity
- Behavior
- Personal evolution

Without a strong Inner Engine, all other progress collapses.

2. The Capability Engine



This engine builds your ability to function and perform.

It governs:

- Skills
- Financial intelligence
- Systems
- Execution ability

It ensures that potential becomes **structured capability**.

3. The Expansion Engine



This engine drives growth beyond the individual.

It governs:

- Influence
- Networks
- Leadership
- Strategic positioning

It ensures that capability becomes **scaled impact**.

4. The Legacy Engine



This engine ensures sustainability and meaning.

It governs:

- Contribution
- Balance
- Continuity
- Long-term impact

It ensures that success becomes **significance and sustainable**.

4. The 15Bs Across the 5 Stages and 4 Engines

The 15Bs are the **operational principles** of the Accelebrate system.

They are not random concepts – they are **strategically distributed across the stages and powered by the engines**.

Stage 1: Mental Mastery

Engine: Inner Engine

B1: Brain Power – Mastering thinking

B2: Belief – Strengthening identity

B3: Behavior – Executing with discipline

B4: Becoming – Evolving into purpose

This stage establishes the truth:

You cannot outperform your mindset.

Stage 2: Strategic Capability

Engine: Capability Engine

B5: Business Acumen – Understanding value and markets

B6: Budgeting – Managing financial resources

B7: Branding – Positioning identity and value

This stage establishes:

You cannot scale what you cannot structure.

Stage 3: Wealth Building

Engine: Capability Engine (Advanced Output Layer)

B8: Bankable – Becoming economically viable

This stage establishes:

Value must translate into income.

Stage 4: Influence & Expansion

Engine: Expansion Engine

B9: Borderless World – Thinking globally

B10: Bold Moves – Taking strategic action

B11: Bouncing Back – Building resilience

B12: Bridging Networks – Forming strategic connections

B13: Building Leadership – Multiplying influence

This stage establishes:

Growth happens through people, not in isolation.

Stage 5: Legacy & Sustainability

Engine: Legacy Engine

B14: Benevolence – Giving back and contributing

B15: Balanced Living – Sustaining life and success

This stage establishes:

Success without legacy is incomplete.

5. The Marriage: Stages × Engines × 15Bs

The power of Accelebrate lies in integration.

The **Stages** provide direction

The **Engines** provide power

The **15Bs** provide execution

Together, they form a complete transformation system.

15Bs Quick Overview Table

(15)B	Meaning
Brain Power	Strategic thinking
Belief	Identity confidence
Behavior	Execution discipline
Becoming	Purpose evolution
Business Acumen	Market intelligence
Budgeting	Financial discipline
Branding	Identity positioning
Bankable	Economic credibility
Borderless World	Global thinking
Bold Moves	Strategic courage
Bouncing Back	Resilience
Bridging Networks	Strategic alliances
Building Teams	Leadership multiplication
Benevolence	Giving back
Balanced Living	Sustainable success

The Alignment Principle

Every B must:

Belong to a **Stage**

Be powered by an **Engine**

Contribute to **Transformation**

And every Stage must:

Be powered by an Engine

Be expressed through specific Bs

6. Why This Architecture Matters

Most people fail not because they lack effort — but because they lack **structure**.

They try to:

- Build wealth without mindset
- Expand without capability
- Lead without identity
- Succeed without sustainability

Accelerate eliminates this confusion.

It provides a **clear pathway**:

- 1) Master your mind
- 2) Build your capability
- 3) Generate your wealth
- 4) Expand your influence
- 5) Secure your legacy

7. Reflection & Activation

1. Which stage am I currently operating in?
2. Which engine in my life is weakest right now?
3. Which B must I develop immediately to move forward?
4. Am I trying to skip a stage instead of mastering it?

8. Key Takeaway

**Transformation is not a mystery.
It is a system.**

When you align:

Your mindset (Inner Engine)

Your capability (Capability Engine)

Your influence (Expansion Engine)

Your purpose (Legacy Engine)

And execute through the 15Bs across the 5 stages,

You do not just grow –

You Accelevate.

CHAPTER 6: THE ACCELEVATE TRANSFORMATION PATHWAY

The transformation pathway of Accelevate is:

Mindset Mastery → Strategic Capability → Wealth Building → Influence and Expansion → Legacy and Sustainability

This pathway means:

- first, master how you **think**
- then build how you **function**
- then strengthen how you **create value**
- then expand how you **influence**
- then mature into **impact** and **legacy**

This is the Accelevate journey.

PART III: THE INNER WORK

CHAPTER 7: REPROGRAM, RESET, RISE

The Foundation Module is powered by the Accelevate inner transformation sequence:

7.1 Reprogram

This is the work of identifying and dismantling:

- limiting beliefs
- harmful mental scripts
- fear-based patterns
- inherited smallness
- dis-empowering assumptions

Reprogramming asks:

- What have I normalized that no longer serves my becoming?
- What beliefs are blocking my expansion?
- What patterns must I confront honestly?

7.2 Reset

Reset is the intentional installation of new standards.

This includes:

- new thinking
- new priorities
- new habits
- new personal expectations
- new disciplines
- new internal language

Reset asks:

- What must now become normal for me?
- What standards must define my next season?
- What am I no longer available for?

7.3 Rise

Rise is disciplined activation.

It is not fantasy.

It is not language only.

It is not inspiration without movement.

Rise means:

- acting with courage
- showing up consistently
- applying what you know
- leading with maturity
- moving with purpose

7.4 The Accelerate Inner Law

Transformation always happens twice:

- first internally
- then externally

That is why inner work is not optional in AMP.

CHAPTER 8: IDENTITY, READINESS AND PERSONAL ALIGNMENT

8.1 Identity Before Activity

In Accelerate, identity matters because activity without identity leads to noise, comparison, exhaustion, and misalignment.

Participants must ask:

- Who am I?
- What do I value?
- What kind of leader am I becoming?
- What kind of builder, visionary, or woman am I choosing to be?

8.2 Readiness for Transformation

Readiness is not desire alone. It is demonstrated by:

- honesty
- humility
- consistency
- responsibility
- teach-ability
- willingness to change

8.3 Personal Alignment

Personal alignment means bringing your:

- values
- goals
- habits
- decisions
- voice
- leadership
- relationships
- responsibilities

into integrity with your future.

Misalignment delays growth.
Alignment accelerates it.

CHAPTER 9: THE ACCELEVATE STANDARD

The Accelevate standard is the standard expected of every participant.

9.1 The Standard Includes:

- seriousness of purpose
- discipline in action
- openness to growth
- courage to face truth
- commitment to learning
- respect for process
- ethical leadership
- responsibility for one's own progress

9.2 What AMP Does Not Reward

AMP does not reward:

- passivity
- excuses
- entitlement
- inconsistency
- image without substance
- ambition without discipline

9.3 The Foundation Commitment

A participant in Accelevate says:

I am ready to grow honestly.
I am ready to think differently.
I am ready to build intentionally.
I am ready to rise with structure.
I am ready to become.

10. The Integrated Accelevate Architecture

Think of the **5 transformational stages** as the **vertical ladder**, while the **four engines** are the **internal power systems driving the climb**.

In other words:

Stages = the journey upward

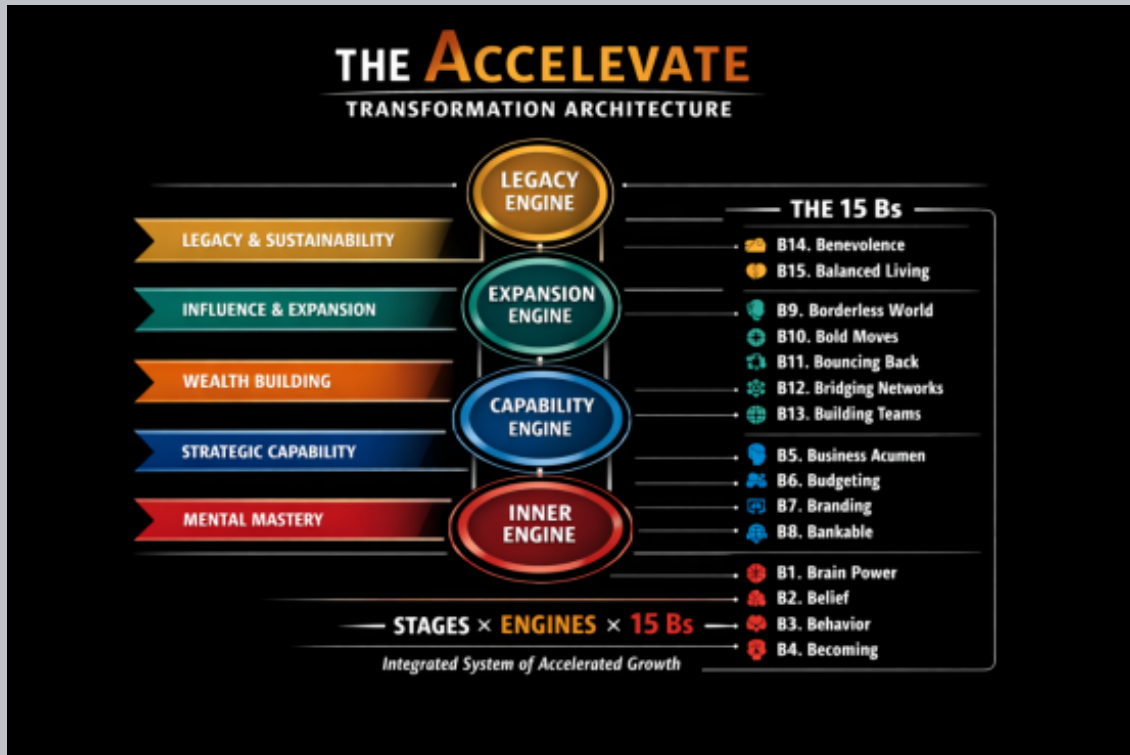
Engines = the forces that propel the journey

When integrated correctly, the Accelebrate framework becomes a **two-dimensional system**:

Vertical dimension → Transformation stages

Horizontal dimension → Power engines

This makes the model far more sophisticated and teachable.



The Vertical Journey

(5 Transformational Stages)

1. Mental Mastery
2. Strategic Capability
3. Wealth Building
4. Influence & Expansion
5. Legacy & Sustainability

This shows **where a person is in their development**.

The Horizontal Drivers

(The Four Hidden Engines)

- 1) Inner Engine
- 2) Capability Engine

3) Expansion Engine

4) Legacy Engine

These explain **how the person progresses**.

How the Engines Power Each Stage

1. Inner Engine

(The Psychological Power System)

Brain Power

Belief

Behavior

Becoming

This engine fuels **Stage 1: Mental Mastery**, but it also **continues operating across the entire ladder**.

Why?

Because even at the wealth and influence stages, the leader must still manage:

- mindset
- Identity
- habits
- character

So the Inner Engine is the **foundation of all transformation**.

Primary stage:

Mental Mastery

Supporting role:

All stages.

2. Capability Engine

(The Productivity System)

Business Acumen

Budgeting

Branding

Bankable

This engine powers **Stage 2: Strategic Capability** and **Stage 3: Wealth Building**.

Here the participant moves from mindset into **structured competence**.

The focus becomes:

- financial literacy
- value creation
- positioning
- monetization

Primary stages:

Strategic Capability

Wealth Building

3. Expansion Engine

(The Growth Multiplier)

Borderless World

Bold Moves

Bouncing Back

Bridging Networks

Building Leadership

This engine powers **Stage 4: Influence & Expansion**.

This is where participants move from **individual success** → **scalable impact**.

The emphasis becomes:

- global thinking
- courage in decision-making
- resilience
- strategic alliances
- leadership capacity

Primary stage:

Influence & Expansion

4. Legacy Engine

(The Impact System)

Benevolence

Balanced Living

This engine powers **Stage 5: Legacy & Sustainability**.

At this level the leader shifts from:

Achievement → Significance

Success becomes about:

- contribution
- sustainability
- wellbeing
- generational impact

Primary stage:

Legacy & Sustainability

Why This Makes Accelebrate More Powerful

Most leadership models show **stages only**.

But the Accelebrate model now explains **both progression and power systems**.

It answers two questions simultaneously:

Where am I in my development?

(Transformational stages)

What capabilities must I activate to move forward?

(The engines)

That is what makes frameworks **world-class and scalable**.

The Signature Principle

“Accelelevation happens when the Inner Engine ignites Capability, Capability drives Expansion, and Expansion creates Legacy.”

PART IV: THE MENTORSHIP JOURNEY

CHAPTER 11: HOW AMP WORKS

10.1 The Structure of the Program

AMP is delivered through:

- the Foundation Module
- the 15 B Modules
- reflection exercises
- implementation tools

- coaching and mentorship
- peer and cohort engagement
- accountability structures
- community and ecosystem support

10.2 The Flow of the Journey

The learner journey follows this progression:

Foundation

You are oriented, prepared, aligned, and activated.

Transformation Through the 15 Bs

You are developed across the 5 Accelebrate 2.0 stages.

Application and Integration

You translate insight into life, business, leadership, visibility, wealth, and impact.

10.3 The Expected Participant Posture

Participants are expected to:

- engage actively
- reflect honestly
- complete exercises seriously
- implement learning consistently
- participate constructively
- respect community and mentorship structures

CHAPTER 12: HOW TO USE THE FOUNDATION MODULE

This module should be used in four ways:

11.1 As an Orientation Tool

Use it to understand the Accelebrate 2.0 structure, philosophy, and expectations.

11.2 As a Mirror

Use it to assess your current mindset, habits, readiness, and areas for growth.

11.3 As an Activation Tool

Use it to make personal decisions, define standards, and set an intentional growth direction.

11.4 As a Bridge

Use it to transition into the 15 Bs with clarity and confidence.

11.5 Recommended Method

Move through this module slowly and honestly:

- read
- reflect
- write
- assess
- decide
- activate

Do not rush the foundation.

Strong futures need strong beginnings.

CHAPTER 13: THE ACCELEVATE MENTORSHIP ECOSYSTEM

Accelevate is not only a curriculum. It is an ecosystem.

12.1 Cohorts

Structured learning groups that journey together with momentum and accountability.

12.2 Peer Circles

Smaller trusted spaces for reflection, support, challenge, and encouragement.

12.3 Mentors and Facilitators

Guides who support learning, ask better questions, sharpen thinking, and help translate insight into action.

12.4 Digital Community

An ongoing space for connection, resources, updates, dialogue, visibility, and collaboration.

12.5 The Movement

Accelevate is not trying to produce passive learners. It is raising:

- builders
- visionary leaders
- disciplined women and men
- strategic professionals
- wealth creators
- impact drivers
- legacy thinkers

PART V: ACTIVATION AND APPLICATION

CHAPTER 14: REFLECTION AND SELF-ASSESSMENT

13.1 Foundation Readiness Check

Rate yourself from 1 to 5 in the following areas:

Area	Rating
Mindset maturity	
Personal discipline	
Clarity of purpose	
Strategic thinking	
Leadership confidence	
Financial awareness	
Emotional resilience	
Visibility and communication	
Collaboration and relationships	
Readiness for change	

13.2 Reflection Questions

1. What mindset patterns must I confront in this season?
2. What kind of growth am I truly ready for?
3. What has been holding me back?
4. Where do I need structure, not just desire?
5. Which stage of Accelerate do I most urgently need?
6. What kind of person must I become to carry greater influence, wealth, and impact?

CHAPTER 15: PERSONAL ACTIVATION WORKBOOK

14.1 My Current Reality

Complete the following:

What is working in my life right now?

What is no longer working?

What am I tolerating that must end?

What am I being called to build, change, or become?

14.2 My Accelerate Focus Stage

The stage I most need to focus on first is:

Why?

14.3 My Growth Gaps

My biggest growth gaps right now are:

14.4 My New Standards

From this point forward, I commit to:

14.5 My Activation Statement

Write your own statement beginning with:

“In this next season, I refuse to remain...”

“I choose to become...”

CHAPTER 16: YOUR FOUNDATION ACTION PLAN

15.1 30-Day Foundation Action Plan

Before beginning the 15 Bs, commit to the following:

Mindset

One thought pattern I will intentionally change:

Discipline

One habit I will establish:

Clarity

One decision I need to make:

Structure

One area of my life, business, or leadership I will organize:

Courage

One action I will stop postponing:

15.2 My Accountability Plan

The person, mentor, peer, or community that will help hold me accountable:

15.3 My Readiness Declaration

I confirm that I am ready to:

- engage seriously
- reflect honestly
- learn intentionally
- change practically
- rise strategically

Signature: _____

Date: _____

PART VI: PURPOSE, IMPACT AND LEGACY

CHAPTER 17: BECOMING THE LEADER AND BUILDER

Accelebrate does not merely ask what you want to achieve.

It asks:

- Who are you becoming while pursuing it?
- Will success deepen your character or expose your weakness?
- Are you building a life, a leadership style, and a body of work that can endure?

Becoming matters because:

- titles can be given
- platforms can be built
- money can be made
- visibility can be gained

But without becoming, none of it is safely carried.

This program therefore calls participants to become:

- grounded
- strategic
- courageous
- disciplined
- ethical
- fruitful
- balanced
- impactful

CHAPTER 18: LEGACY STARTS NOW

Legacy is not something you begin at the end.

Legacy begins in the standards you set now, the people you serve now, the choices you make now, and the systems you build now.

In *Accelavate*, legacy is not only about remembrance.

It is about responsible influence that outlives immediate results.

Legacy is built through:

- integrity
- systems
- mentorship
- service
- values
- wealth with responsibility
- influence with wisdom
- contribution with intention

The question is not whether you will leave something behind.

The question is **what** you will leave behind.

PART VII: BACK MATTER

CHAPTER 19: ABOUT THE PROGRAM, THE MENTOR AND THE MOVEMENT

18.1 About the Accelevate Mentorship Program

The Accelevate Mentorship Program is a transformational leadership, business, personal growth, and impact development system designed to prepare individuals for intentional elevation and sustainable advancement.

18.2 About the Lead Mentor

Dr. Abigail Magwenzi is the visionary behind the Accelevate Mentorship Program and the Accelevate movement. Her work is rooted in leadership, empowerment, resilience, transformation, and the practical activation of purpose.

18.3 About the Accelevate Movement

Accelevate is more than a program. It is a growth movement for people ready to rise with clarity, lead with purpose, build with discipline, and leave meaningful impact.

FOUNDATION MODULE

CLOSING DECLARATION

I am not here to drift.

I am here to grow intentionally.

I am here to master my mindset.

I am here to build strategic capability.

I am here to create wealth with wisdom.

I am here to expand my influence with integrity.

I am here to become a person of legacy, impact, and substance.

I am ready for Accelevate